

Lake Washington Masters All Time Top Swims

Men			Women		
Chris Chapman, 27	4.12.14	20.93	50 Free	24.33	4.12.14 26, Palomal Dinkel
Chris Chapman, 26	4.13.13	46.15	100 Free	52.25	4.12.14 26, Paloma Dinkel
Chris Conroy, 27	4.13.13	1:47.49	200 Free	1:53.41	4.14.12 24, Paloma Dinkel
Chris Chapman, 26	10.5.13	4:45.84	500 Free	5:44.17	4.13.13 41, Amy Moorhead
Bruce Deakyne, 23	4.13.13	9:58.85	1000 Free	13:00.24	4.10.10 31, Shelby Wiegand
Bruce Deakyne, 23	4.13.13	16:43.38	1650 Free	23:21.05	5.1.14 55, Sheila Moore
Chris Chapman, 26	4.13.13	22.20	50 Fly	25.79	4.12.14 24, Jordan King
Chris Chapman, 26	4.13.13	49.62	100 Fly	56.87	4.12.14 24, Jordan King
Chris Chapman, 27	4.12.14	1:52.97	200 Fly	2:02.45	4.12.14 24, Jordan King
Chris Chapman, 25	4.14.12	23.84	50 Back	30.81	4.13.13 27, Lindsey Oram
Chris Chapman, 25	2.17.13	52.19	100 Back	57.98	4.12.14 24, Jordan King
Chris Chapman, 26	4.13.13	1:55.19	200 Back	2:29.43	2.4.12 37, Tina Hall
Cejih Yung, 27	4.13.13	26.91	50 Breast	30.19	4.14.12 24, Paloma Dinkel
Cejih Yung, 2	4.13.13	57.89	100 Breast	1:04.48	4.14.12 24, Paloma Dinkel
Cejih Yung, 26	4.14.12	2:10.67	200 Breast	2:49.53	4.13.13 31, Jane Cardoso
Chris Chapman, 27	4.12.14	53.10	100 IM	57.95	4.14.12 24, Paloma Dinkel
Chris Chapman, 26	10.5.13	1:59.83	200 IM	2:04.30	4.14.12 24, Paloma Dinkel
Cejih Yung, 26	4.14.12	4:14.72	400 IM	4:26.95	5.1.14 64, Charlotte Davis
Chris Chapman (1)		1:41.07	Mixed 200 Medly Relay	1:41.07	Paloma Dinkel (3)
Cejih Yung (2)		4.13.13		4.13.13	Amy Moorhead (4)
Rick Cardoso (3)		1:33.04	Mixed 200 Free Relay	1:33.04	Amy Moorhead (1)
Chris Chapman (4)		4.13.13		4.13.13	Paloma Dinkel (2)
Chapman, Chris	Cejih Yung	1:27.32	200 Free Relay	1:41.39	Amy Moorhead
Conroy, Chris	Rick Cardoso	4.13.13		4.12.14	Paloma Dinkel
Chapman, Chris	Cejih Yung	1:36.79	200 Medly Relay	1:57.63	Chelsea Helgason
Ian Mosher	Conroy, Chris	4.13.13		4.12.14	Lindsey Oram
					Valerie McHenry